

Maury High School  
 Coaching Assignments  
 2020-2021

POSITION	COACH	EMAIL
CHEERLEADING	ARNISHA MEEKS	<a href="mailto:NISHACHEER27@YAHOO.COM">NISHACHEER27@YAHOO.COM</a>
CROSS COUNTRY	BRYAN BENNETT	<a href="mailto:BRBENNETT@NPS.K12.VA.US">BRBENNETT@NPS.K12.VA.US</a>
FIELD HOCKEY	ASHLEIGH THOMAS	<a href="mailto:ASHLEIGH.N.THOMAS8@GMAIL.COM">ASHLEIGH.N.THOMAS8@GMAIL.COM</a>
FOOTBALL	DYRRI MCCAIN	<a href="mailto:DMCCAIN@NPS.K12.VA.US">DMCCAIN@NPS.K12.VA.US</a>
GOLF	JACK BAKER	<a href="mailto:JBAKER@NPS.K12.VA.US">JBAKER@NPS.K12.VA.US</a>
VOLLEYBALL, BOYS	JIM LIMBAUGH	<a href="mailto:LIMBAUGHJ@COX.NET">LIMBAUGHJ@COX.NET</a>
VOLLEYBALL, GIRLS	ANDREA EVERETT	<a href="mailto:AEVERETT@NPS.K12.VA.US">AEVERETT@NPS.K12.VA.US</a>
BASKETBALL, BOYS	BRANDON PLUMMER	<a href="mailto:BPLUMMER@NPS.K12.VA.US">BPLUMMER@NPS.K12.VA.US</a>
BASKETBALL, GIRLS	JENNIFER PARKER	<a href="mailto:JPARKER@NPS.K12.VA.US">JPARKER@NPS.K12.VA.US</a>
INDOOR TRACK	IMAN ISLAM	<a href="mailto:IISLAM@NPS.K12.VA.US">IISLAM@NPS.K12.VA.US</a>
SWIMMING, BOYS	JAMES FOX	<a href="mailto:JFOX@NPS.K12.VA.US">JFOX@NPS.K12.VA.US</a>
SWIMMING, GIRLS		
WRESTLING	FELTON WOODSON	<a href="mailto:FLWOODSON@NPS.K12.VA.US">FLWOODSON@NPS.K12.VA.US</a>
BASEBALL	LARRY GORDON	<a href="mailto:LARRYGENEGORDON@GMAIL.COM">LARRYGENEGORDON@GMAIL.COM</a>
SOCCER, BOYS	DANA SHAFFER	<a href="mailto:DSHAFFER@NPS.K12.VA.US">DSHAFFER@NPS.K12.VA.US</a>
SOCCER, GIRLS	MALLORY BELAIR	<a href="mailto:MBELAIR@NPS.K12.VA.US">MBELAIR@NPS.K12.VA.US</a>
SOFTBALL	NIKOLE JONES	<a href="mailto:NJONES2@NPS.K12.VA.US">NJONES2@NPS.K12.VA.US</a>
TENNIS, BOYS	JANITA HESS	<a href="mailto:JHESS@NPS.K12.VA.US">JHESS@NPS.K12.VA.US</a>
TENNIS, GIRLS	JOSEPH SANZO	<a href="mailto:JSANZO@NPS.K12.VA.US">JSANZO@NPS.K12.VA.US</a>
OUTDOOR TRACK	IMAN ISLAM	<a href="mailto:IISLAM@NPS.K12.VA.US">IISLAM@NPS.K12.VA.US</a>
DRAMA/ONE ACT	HEATHER ELLSWORTH	<a href="mailto:HELLSWORTH@NPS.K12.VA.US">HELLSWORTH@NPS.K12.VA.US</a>
FORENSICS	STEVEN SAUNDERS	<a href="mailto:SSAUNDERS@NPS.K12.VA.US">SSAUNDERS@NPS.K12.VA.US</a>
SCHOLASTIC BOWL	TONI RADESKA KERSHASKY	<a href="mailto:TKERSHASKY@NPS.K12.VA.US">TKERSHASKY@NPS.K12.VA.US</a>